

#### ILLINOIS SCHOOL FOR THE DEAF OUTREACH

**FREE** training and consultation for Illinois children with hearing loss

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State of Illinois Dept. of Human Services Illinois School for the Deaf Bruce Rauner, Governor James Dimas, Secretary Julee Nist, Superintendent

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## DESIGNATED SERVICE COORDINATOR TRAINING 2018

Supporting Families who have children who are deaf, hard of hearing, visually impaired, blind or deaf-blind

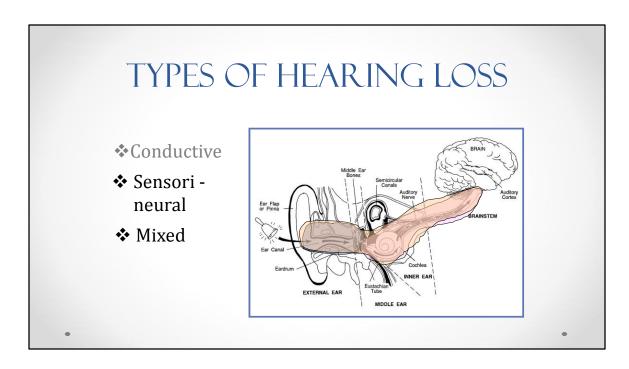
Welcome to DSC training year 2, Bridges Conference 2018 in Bloomington at the ISU Alumni Center.

#### DEAF AND HARD OF HEARING

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# Outer Ear ❖ Middle Ear ❖ Inner Ear ❖ Auditory Nerve

- •The Middle Ear--vibrations cause three tiny bones in the middle ear to generate movement in the fluid in the cochlea in the inner ear.
- •The Inner Ear--the thousands of tiny hair cells that line the cochlea bend and trigger electrical impulses that are sent to the auditory nerve. If you unrolled the cochlea, it would be like a piano keyboard with high sounds at one end and low sounds at the other.
- •The Auditory Nerve--carries the signals to the brain where they are interpreted as sound.



When problems occur in the outer or middle ear, the loss is conductive. This kind of loss can usually be fixed. Surgery can correct problems with the small bones (the smallest in our body) of the middle ear. Even a prosthetic bone may be used.

Problems in the inner ear, or the auditory nerve, are usually permanent. These problems are nerve related. If the problem occurs in the cochlea, sometimes a cochlear implant may be an option. If the damage is in the auditory nerve, nothing that is done in the part of the ear preceding that will do any good.

#### CAUSES OF HEARING LOSS

#### **Conductive Loss**

- **❖**Excessive or impacted ear wax
- **&** Ear infections
- Collapsed ear canal
- ❖ Perforated ear drum
- Fluid in the ear
- Malformation
- Fixation of ossicles



What are some of the causes of a hearing loss occurring in the outer or middle ear?

Otitis Media - ear infection in the middle ear

Otitis Externa - outer ear infection--in the canal

Otosclerosis - the bones of the middle ear become fixed

Collapsed ear canal - can sometimes occur in older people or in persons with Down Syndrome, when the ear canal is soft. It can happen during testing of hearing.

Malformations may cause Atresia - when the pinna is missing Fixation of the ossicles - the bones of the middle ear don't move



Some causes of sensory neural hearing loss include:

Heredity

Syndromes such as Treacher-Collins, Wardenburg, Usher Syndrome Illness during pregnancy. i.e. Rubella, etc.

Meniere's Disease - a ringing in the ears

Noise induced hearing loss

Ototoxic drugs - some antibiotics given to the infant after birth, and even excessive amounts of aspirin, may cause hearing loss



- ❖May hear loud voices about one foot from ear.
- ❖With best amplification, should be able to identify environmental sounds and detect speech sounds.
- ❖ If loss is prelingual, oral language and speech may not develop spontaneously, or will be severely delayed.

It is sometimes possible for the child to learn speech only through a lot of work by the parents, child and speech teacher. Speech is not heard clearly enough for the child to learn it auditorily.

## MODERATE HEARING LOSS Conversational speech. 40-45 dB loss 50 dB loss. Syntax and vocabulary Speech production and voice quality.

- A moderate hearing loss is identified later than the severe loss because the child does hear some speech sounds, even though they aren't clear and the speaker needs to be very near the child for him to hear them.
- Understands conversational speech at 3-5 feet only if face to face, and if structure and vocabulary are controlled.
- Will miss 50%-75% of speech signal at 40-45 dB, and 80%-100% with 50 dB loss.
- Likely to have delayed or defective syntax, limited vocabulary, imperfect speech production, and atonal voice quality.
- As you can see, the farther away the speaker, or the softer the sound, the less likely the person is to understand.
- If you can't hear complete language, you will have trouble with the syntax (language structure), and with speech production. Voice quality is usually impaired.

#### MILD HEARING LOSS



❖15 dB loss

❖30 dB loss

❖35-40 dB loss.

Consonant sounds

Often a child sits in school with a mild hearing loss and it is undetected.

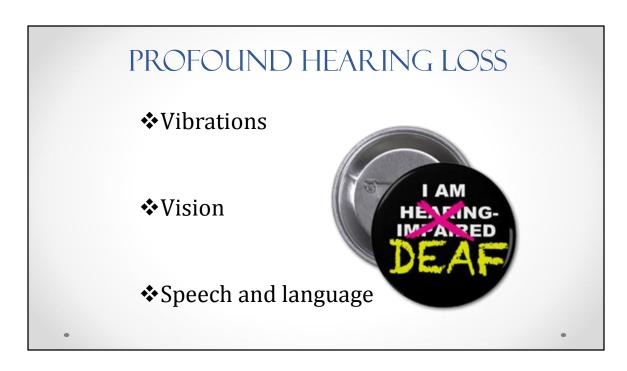
At 15 dB, student can miss up to 10% of speech when teacher is farther than 3 feet away.

At 30 dB, can miss 25-40% of the speech signal.

At 35-40 dB, will miss at least 50% of class discussions.

Will miss consonant sounds, especially with high frequency loss.

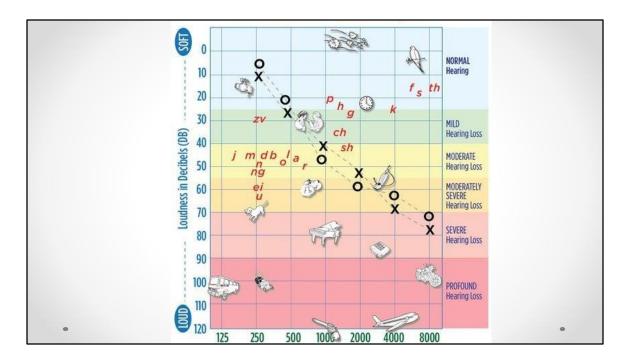
Even with a mild loss, look how much the child misses. Think about learning to speak and learning language when you can only hear about half of what is being said, and when you mainly hear the vowel sounds. Consonants are what usually distinguish one word from another....without hearing them, just think how hard it would be to understand what was being said to you, much less repeat it using understandable speech.



We will discuss each of the degrees of hearing loss, and will give you a spelling test which will allow you to hear what a person with that hearing loss is hearing.

A person with a profound loss:

- is probably more aware of vibration than of actual sound.
- Most rely on vision rather than hearing as primary avenue for communication and learning.
- Speech and language will not develop spontaneously
- It is unlikely that this person will develop understandable speech without a great deal of speech training which is carried out at home also.



- This is an audiogram, the background image represents familiar sounds. This
  particular audiogram represents a hearing loss which is mild in the lower
  frequencies but progresses to severe in the higher frequencies. On this
  audiogram the O represents the RIGHT HEAR and the X represents the LEFT ear.
- All sounds below the X or O CAN be heard by the listener, those above CANNOT be heard.
- This particular example notes that the sounds p, h, g, ch, sh, k, f, s and th cannot be heard. Similarly wind, birds, ticking clock and soft sounds are likely being missed.
- Remember DB is the loudness of sounds and HZ is the tone or frequency in sounds.
- This example would confirm that this person cannot get full access to speech sounds without some form of assistance whether amplification or visual.

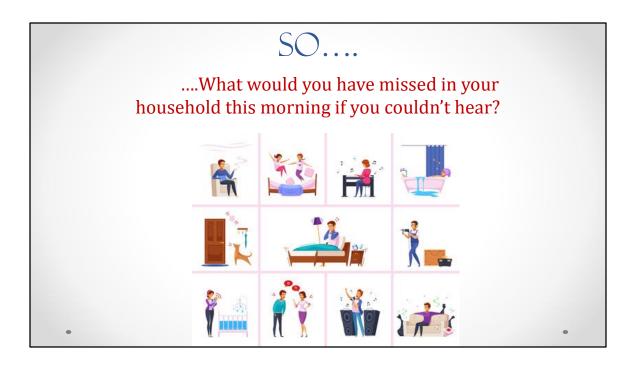
#### WHAT A CHILD MIGHT HEAR:

- Normal: Freddie thought he should find a whistle.
- Mild loss: Freddie though- -e -ould -ind a while.
- ❖Moderate loss: -reddie -ough- -e -ould -i-- a i--le.
- Profound loss: LOUDsoft LOUDsoft soft LOUD soft LOUDsoft

If this is what the child hears, this is what he will say. As hearing decreases, so does intelligibility.

### CONSONANTS CARRY THE MEANING...

- •If you look at the first group of words, with the consonants missing, it doesn't make any sense...
- •For students who are hard of hearing, it is more often the consonants that they don't hear rather than the vowels.
- •The second group of words is understandable, even though the vowels aren't there.
- •Many consonants are "unvoiced" or are softer than vowel sounds. They are also higher pitched. Many hearing losses are in the high frequencies, therefore eliminating those sounds from what can be heard.
- •Remember, when someone is talking, a person doesn't have extra time to figure out what might have been said.



Imagine what it would be like if you couldn't hear.

Did you listen to the TV news while you were getting ready in the bathroom? Did you over hear a conversation in the hallway and gain some information that no one told you directly? Did you have a conversation with your family members before you came, and do you know what each of them are doing today? Did you understand the conversation that was going on in the front seat of the car while you were riding in the back, or visa-versa?

There are many examples which just let us think about how much we gain from the opportunity for incidental learning. Children with a hearing loss don't have all of those opportunities.



There is so much we need to do to fill in the gaps for our students who miss what is learned auditorily.

## It's much more than just a hearing loss, it can mean:

- Losing the ability to connect with those around you
- Not having the input

## needed to develop speech and language

- Not having the communication to learn in school
- Not having the language to develop social skills
- Not having the academic and social skills to have a good job.

<b>❖</b> 1 year	❖Points to one named body part
<b>❖</b> 20 months	❖Follows 2 step commands
2 years	❖ Follows 3 step commands and
2 years	❖Understands 200 words
<b>❖</b> 3 years	❖Understands 800 words
<b>❖</b> 4 years	<b>❖</b> Understands 1500 words

Here are milestones for a hearing child. Remember that the child with a mild hearing loss isn't identified until school age. The vocabulary of a 4 year old is 1500 words.....how do you think that the child with a mild loss compares to his normally hearing classmates?

Do you think this loss might be misdiagnosed by a teacher as an attention deficit problem? Just remember what it sounded like when you had a mild loss and were taking the test. How long do you think a 6 year old can patiently continue to try to understand what's going on when all of the other kids are getting it and he isn't?

A child who has never heard normally doesn't **KNOW** what he is missing and is not able to alert you to his needs. Even a child with a temporary loss may not know that he is missing things that are important to his educational success.

The ages within the red box are during EI age and development.

<b>❖</b> 1 year	❖Imitates sounds of others
❖21 months	❖ Refers to self by name
<b>❖</b> 2 years	❖Says 50-200 words and
<b>❖</b> 2 years	<b>❖</b> Uses plurals
<b>❖</b> 3 years	❖Speech is 75-80% intelligibl
•4 years	❖Says 6-8 word sentences

What about expressive language? We can usually understand more than we can express. Children who have normal speech and language are conversing very well as a 4 year old.

The ages within the red box are during EI age and development.



Language delay is shown in years according to the hearing loss. Remember, a child can be considered to have normal hearing even tho they have a mild loss.

If this is the case, they can experience a delay of up to one year.



Language delay is shown in years according to the hearing loss. As you can see, a child with a moderate/severe loss can have more than 3.5 years delay in language.



Remember what we said before?

At age 6, child with normal hearing has 3 thousand words

**Unless there is intervention,** at age 6, the average child who is deaf or hard of hearing will have **50-60 words** 

By age of 5 or 6, children with normal hearing have acquired all of the linguistic structures they will need for a lifetime.

By the age of 5 or 6, the window for optimum language learning is closing.

This window of optimum learning of language is more important than we can express. After that window closes, the process of catching up is nearly impossible.

Early identification is the key to success. Studies show that if a child is identified as having a heariloss before the age of 6 months, and if good intervention begins at that time, there will be no delay the acquisition of language. However, with each month that passes, and with the delay of intervention, the gap widens in the achievement of developmental milestones.

#### RED FLAG BEHAVIORS



- **❖** Inattentive
- ❖Asks for repetition
- ❖ Speech, language problems
- ❖ Allergies, colds, ear infections
- Omits endings "sh", "s", "th", "f"
- **❖** Very visual
- ❖Inconsistent hearing

This and the following red flag slides are great resources to note, any of these or any combination of these should not be ignored for children in El. It is helpful to understand this if you realize that over 30% of children with hearing loss also have another disability, so keep your eyes and ears open to what families are say and what children are doing.

#### MORE RED FLAG BEHAVIORS



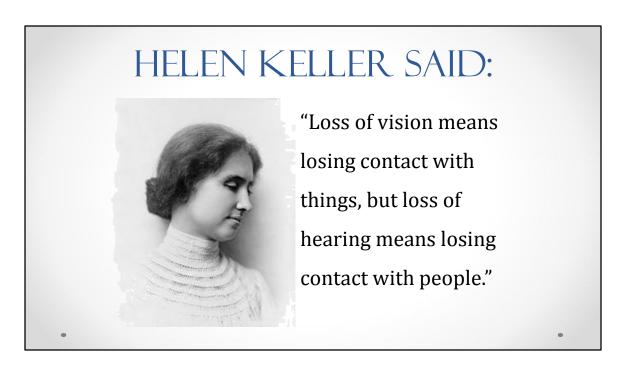
- ❖Ear pain, tugs ear
- Answers unrelated to questions
- **❖**Poor balance
- ❖Loud noises are painful
- **♦** Short attention span
- **❖**Distractible
- Immaturity

#### NOT DONE YET ...



- Strains to listen, favors one ear
- Uses inappropriate speaking behavior
- Watches speakers face more than normal
- ❖ Fails to follow directions
- Loses place when reading

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This quote by Helen Keller kind of sums it up.

#### REMEMBER....

- ❖A little hearing loss **is** a big thing.
- Barriers are not mobility based.
- ❖There is something you can do about it.
- ❖ Barriers are related to communication, the keystone of the entire educational process.

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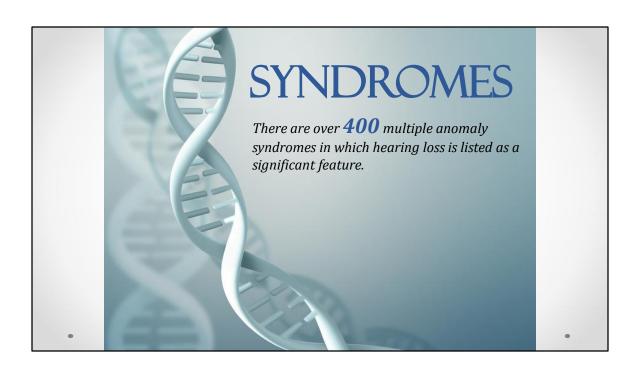


The combined effect of a hearing loss and an accompanying disability presents a unique and complex problem for professionals and parents.

Multiple disabilities create a pattern of problems, different from the problems usually associated with any disability alone.

The fact that there are many differences among children with multiple disabilities adds to the difficulties of providing appropriate programs.

However, there ARE things that can be done



#### SYNDROMIC HEARING LOSS

- Waardenburg Syndrome
- Usher Syndrome
- Pendred Syndrome
- Stickler Syndrome
- CMV Congenital Cytomegalovirus

- CHARGE Syndrome
- Branchio-Oto-Renal (BOR)
   Syndrome
- Treacher-Collins Syndrome
- Neurofibromatosis Type II (NFII)
- Alport Syndrome



#### WAARDENBURG SYNDROME

- syndromic hearing loss
- May be unilateral bilateral
- Sensorineural
- Features may show pigmentary changes including premature graying hair, white forelock, two different-colored eyes, and partial albinism
- Facial features may include fused eyebrows, widelyspaced eyes, high nasal bridge, and underdeveloped nose tip



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#### PENDRED SYNDROME



- In most cases hearing loss is sensorineural and may be progressive
- Enlarged vestibular aqueduct is always seen
- Other inner ear malformations (Mondini malformation) may be present
- Balance dysfunction is present in most cases
- May be an associated enlarged thyroid gland (goiter)

#### STICKLER SYNDROME

- Hearing loss may be conductive, sensorineural, or mixed and may be progressive
- Facial features may include: small jaw with cleft palate, under-developed midface
- The eyes and some forms of Stickler may have severe and progressive near-sightedness, cataracts & retinal detachment
- Other findings may include bone/joint disorders, early adult-onset arthritis, and middle ear bone malformations



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#### **CHARGE SYNDROME**



- Hearing loss may be mixed, conductive or sensorineural
- for Colobomas (missing portion of the eye), Heart defects, Atresia (narrowing) of the choanae (the opening of the skull to the nose), Retardation of growth and development, Genital abnormalities and Ear changes
- 4 unique findings aiding in diagnosis are coloboma, choanael atresia, cranial nerve problems and unusually-shaped ears
- Hearing loss may be conductive, sensorineural or mixed and range from mild to profound

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#### TREACHER-COLLINS SYNDROME

- deformities of the ears, eyes, cheekbones, and chincranial nerve problems and unusuallyshaped ears
- · may vary from mild to severe
- Hearing loss may be conductive, sensorineural or mixed and range from mild to profound
- Complications may include breathing problems, problems seeing, cleft palate and hearing loss
- More than half the time it occurs as a result of a new mutation rather than being inherited from a person's parents



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### BOR (BRANCHIO-OTO-RENAL) SYNDROME



- Hearing loss is conductive, sensorineural or mixed
- Face may have cysts, often in front of the ears
- Neck may have a cyst or sinus
- Ears commonly have structural changes in the outer, middle, or inner ear, and may show enlarged vestibular aqueducts
- Renal problems may be nonexistent, mild or even life threatening

#### PARENTS ARE KEY!!!

#### Parents can:

- Maintain consistency in the child's life.
- Help the child maintain selfdiscipline.
- Help with continued therapy between sessions.
- Provide good nutrition and a good night's sleep.
- Give positive reinforcement and encouragement.
- Provide love and acceptance.



We can't do it alone. We can't underestimate the power of a parent to support and encourage the child. Without their support, the battle is almost insurmountable. If education is not important to the parents, chances are, it won't be important to the child, either, and no matter how hard you work, you may not be able to accomplish what you could with the parent's support.

## EXCELLENT INFORMATION IS AVAILABLE FROM PARENT CENTER HUB

http://www.parentcenterhub.org/



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#### FREE TRAINING AND SERVICES!!

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